Welcome to the Dance Program

Herndon Parks and Recreation Department Head Dance Instructor – Mrs. Rocio Silva

Learn the basics of Ballet, Tap, Jazz, Hip Hop along with the beginning theory. Goals include proper posture, flexibility, coordination, balance and socialization. Students will learn a choreography of a dance performance (except for Baby Ballerinas) for the last day of class to be held for parents and friends.

To ensure your child(ren) a positive dance experience there are a guidelines that parents/guardians are asked to follow.

At any time you have concerns or questions please refer them to the dance instructor before or after class.

Required Dance Attire

- > Tights or Leggings or Leotard (Leotard is best or tight fitting clothing)
- > Shoes

Ballet Slippers
Tap Shoes
Hip-Hop Jazz Shoes

Baby Ballerina program rules

- ➤ Parent is required to participate with the child during class. Due to space limitations only one parent is permitted to be in the dance room with child.
- Encourage your child to try new steps and socialize with other children.
- No food or drink allowed in the dance room.
- > Siblings and other children who are not registered for the class are not permitted in the room during class. The department has child care available for a fee. Please see the front desk staff for additional information.
- > Strollers of any size are not permitted in the dance room during class.
- Last day of class parents can invite family and friends to view the students dancing and what they have learned over the duration of the program. This is not a performance or show. Space is limited within the dance room.
- All electronic devices are to be turned off or placed on vibrate.
- ➤ If parent is late to class please enter the dance room quietly as to not disturb the class.

More information on page 2

Class Rules for Ballet, Tap or Hip Hop Classes

- Parents are requested to wait in the lobby area during class.
- Take your child to the restroom prior to the start of class.
- ➤ Inform the dance instructor of any medical conditions.
- ➤ Hair should be tied back.
- Gum or candy is prohibited.
- > The parent is responsible for having an adult or themselves present in the lobby when the class has concluded.

The dance program follows the department's refund and credit policy which is located in the quarterly brochure.

Program evaluations are available in the lobby or will be distributed at the end of the season.

Herndon Community Center, 814 Ferndale Avenue, Herndon VA 703-787-7300

<u>www.herndon-va.gov</u> <u>www.herndonfestival.net</u>

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